



Minimally Invasive
Procedure Specialists

Prostate Artery Embolization

Post Procedure Instructions:

It's normal to have access site discomfort which will improve over the next week. There may also be a small bruise at the access site. Typically, the site is covered with Dermabond (surgical glue) which will naturally fall off after approximately 1 week. No special care is needed at the access site. Please do not sit in a hot tub, bathtub, or swimming pool for 1 week after the procedure.

Activity Restrictions:

No heavy lifting or strenuous exercise for 7 days. You may resume normal activities of daily living the day after the procedure.

There is a well-known post embolization syndrome after having this procedure. This can include low grade temperatures (<100.0), burning during urination, pelvic pain, and difficulty urinating. There can still be a small amount of blood in the stool or urine. These symptoms will slowly improve over the following week.

Prostate symptoms can start to improve over the next 1-3 months. Maximal results are seen at 6 months.

Post Procedure Medications:

- Medrol Dose Pack – take as directed – start day after the procedure
- Ciprofloxacin – 250mg twice daily for 3 days – start day after the procedure
- Ibuprofen – 600mg 3 times daily for 3 days – start taking right after the procedure
- Pyridium – 200mg 3 times daily for 3 days – start right after the procedure (this will turn your urine orange)
- Percocet – 1 tablet every 4 hours if needed