



Minimally Invasive  
Procedure Specialists

## **Prostate Artery Embolization**

Dr. Charles Nutting

Cell: 303-241-1800

MIPS Clinic Phone: 303-805-7477

### **POST PROCEDURE INSTRUCTIONS:**

It's normal to have access site discomfort which will improve over the next week. There may also be a small bruise at the access site. Typically the site is covered with Dermabond (surgical super glue) which will naturally fall off after approximately 1 week. No special care is needed at the access site. Please do not sit in a hot tub, bathtub, or swimming pool for one week after the procedure

### **ACTIVITY RESTRICTIONS**

No heavy lifting or strenuous exercise for 7 days. You may resume normal activities of daily living the day after the procedure.

There is a well known post embolization syndrome after PAE. This can include low grade temperatures (<100.0) burning during urination, pelvic pain and difficulty urinating. There can be a small amount of blood in the stool or urine. These symptoms will slowly improve over the following week.

Prostate symptoms can start to improve over the next 1 to 3 months. Maximal results are seen at 6 months.

### **POST PROCEDURE MEDICATIONS**

- |                    |                                |                |
|--------------------|--------------------------------|----------------|
| ● Medrol Dose Pack | As directed                    | Start tomorrow |
| ● Ciprofloxacin    | 250mg twice a day for 3 days   | Start tomorrow |
| ● Ibuprofen        | 600mg 3 times daily            | Start today    |
| ● Pyridium         | 200mg 3 times daily for 3 days | Start today    |
| ● Percocet         | One tablet every 4 hours       | If needed      |